

3. MULTIDISCIPLINARY

Experience Sharing Summit/MESSummit

October 2-3, 2025
The Biltmore Tbilisi Hotel TBILISI/GEORGIA



OCTOBER 2, 2025, THURSDAY

08:30-09:00 OPENING

Prof. Dr. Yusuf YILMAZ, Prof. Dr. Murat KIYICI, Prof. Dr. Sophio BERIDZE

09:00-10:20 DIABETIC FATTY LIVER MANAGEMENT

Moderator: Prof. Dr. Yusuf YILMAZ

Speakers: Prof. Dr. Oğuzhan DEYNELİ, Prof. Dr. Ramazan SARI

10:20-10:30 Coffee Break



10:30-12:00 A DECADE OF LIVER TRANSPLANTATION IN GEORGIA

Dare To Transplant - 10 years experience of Liver Transplantation in Georgia

Speakers: Dr. Sophio BERIDZE, Dr. Marika MORTULADZE

Living Liver Donation: Hope, Risks, and Rewards

Speakers: Dr. Kakhaber KASHIBADZE, Dr. Lasha MIKELADZE

MASH and Viral Hepatitis - Parallel pandemics in Liver Health

Speakers: Dr. Mamuka ZAKALASHVILI, Dr. Jaba ZARKUA

Artificial Intelligence in Hepatology: Transforming Care for Chronic Decompensated Liver Conditions

Speakers: Dr. Ana KOTORASHVILI, Dr. Teona VARSHALOMIDZE

12:00-13:00 Lunch Break



13:00-14:00 DIABETES PANEL: DIFFICULT QUESTIONS IN DIABETES FROM AN INTERNAL MEDICINE SPECIALIST'S PERSPECTIVE INTERACTIVE Q&A SESSION:

Panelists: Prof. Dr. Yusuf YILMAZ, Prof. Dr. Murat KIYICI, Prof. Dr. Sophio BERIDZE

14:00-15:00 OBESITY PANEL: DIFFICULT QUESTIONS IN OBESITY

Panelists: Prof. Dr. Yusuf YILMAZ, Prof. Dr. Murat KIYICI, Prof. Dr. Sophio BERIDZE

15:00-15:15 Coffee Break



15:15-16:00 THYROID MANAGEMENT WITH CASES

Moderator: Prof. Dr. Ramazan SARI

Speaker: Prof. Dr. Oğuzhan DEYNELİ

16:00-17:00 EVALUATION OF THE DAY / INTERACTIVE SESSION

Prof. Dr. Yusuf YILMAZ, Prof. Dr. Murat KIYICI , Doç. Prof. Dr. Oğuzhan DEYNELİ, Prof. Dr. Ramazan SARI, Prof. Dr. Sophio BERIDZE

OCTOBER 3, 2025, FRIDAY

08:30-09:00 THE SITUATION AND PROBLEMS OF INTERNAL MEDICINE IN OUR COUNTRY AND GEORGIA/POSSIBLE COLLABORATIONS

Panelists: Prof. Dr. Oğuzhan DEYNELİ, Prof. Dr. Ramazan SARI, Prof. Dr. Sophio BERIDZE

09:00-10:00 TURKISH-GEORGIAN COLLABORATION IN PUBLIC HEALTHCARE: CHALLENGES AND PERSPECTIVES

Panelists: Prof. Dr. Sophio BERIDZE, Prof. Dr. Oğuzhan DEYNELİ, Prof. Dr. Ramazan SARI

10:00-10:15 Coffee Break



10:15-11:00 THE IMPORTANCE OF THE VERIFY CLINICAL TRIAL IN TYPE 2 DIABETES TREATMENT AND CHANGING GUIDELINE APPROACHES

Moderator: Prof. Dr. Oğuzhan DEYNELİ

Speaker: Prof. Dr. Ramazan SARI

11:00-12:00 FROM VISION TO ACTION: DEVELOPING GEORGIA'S FIRST HEALTH COACH MODE

Chairs: Tea MEPARIDZE, Prof. Dr. Sophio BERIDZE

Georgia's Path to Person-Centred Care: The Health Coach Initiative

Speaker: Dr. Salome VACHNADZE

Managing Hyperlipidaemia In Primary care - focus on nonmedical intervention

Speaker: Dr. Tamta BLIADZE

From Guidelines to Individuals: Personalized Strategies in Diabetes Care

Speaker: Dr. Nino AKHVLEDIANI

Personalized Pain Management in Chronic Disease: A Patient-Centered Approach

Speaker: Dr. Rusudan BIBILASHVILI

12:00-13:00 Lunch Break



13:00-14:00 PREDIABETES MANAGEMENT

Chairs: Prof. Dr. Yusuf YILMAZ

Management of the Journey from Prediabetes to Diabetes

Speaker: Prof. Dr. Oğuzhan DEYNELİ

Does Proper Nutrition and Exercise Affect the Clinical Course?

Speaker: Prof. Dr. Oğuzhan DEYNELİ

Do We Expect Complications to Develop in Prediabetes?

Speaker: Prof. Dr. Ramazan SARI

14:00-14:30 RATIONAL USE OF MEDICATION IN OBESITY

Speaker: Prof. Dr. Murat KIYICI

14:30-14:45 Coffee Break



14:45-16:00 FIBROSCAN WORKSHOP

Group A: Practical Training on FibroScan

Speaker: Prof. Dr. Murat KIYICI

Group B: Practical Training on FibroScan

Speaker: Prof. Dr. Yusuf YILMAZ

16:00-17:00 GENERAL REVIEW OF THE DAY

Prof. Dr. Yusuf YILMAZ, Prof. Dr. Murat KIYICI , Prof. Dr. Oğuzhan DEYNELİ, Prof. Dr. Ramazan SARI, Prof. Dr. Sophio BERIDZE